



# ERASMEDIAH NEWSLETTER

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## Our Aim

ERASMEDIAH addresses the negative impacts of social media use on young people, aiming to enhance their knowledge and awareness of digital risks. While contributing to the development of healthier digital habits among youth, the project also supports youth workers, educators, and facilitators in taking an active and effective role in this process.

## What have we done?

The training needs of professionals working in the youth field in the partner countries were analyzed, and based on the findings, seven modules and 37 lesson plans were developed to address social media addiction and digital overexposure. These training materials aim to support young people in recognizing the risks they encounter in the digital world, developing preventive strategies against these risks, and becoming more conscious and responsible digital users.

Developed to support the knowledge and skills of youth workers, the Excessive Addiction Education Teacher's Manual serves as a comprehensive reference resource encompassing all modules and lesson plans. The manual strengthens awareness and pedagogical competencies related to social media addiction, while enabling more effective implementation of protective and preventive interventions for young people. In this context, all project partners organized training seminars for youth workers and educators in their respective countries and carried out pilot implementations at the local level.







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# ERASMEDIAH



## We participated in the European Educational Research Conference (ECER 2025)



We presented ERASMEDIAH at the European Conference on Educational Research (ECER 2025), held in Belgrade, Serbia, from 9 to 12 September 2025. The conference provided a valuable opportunity to engage with the European educational research community, disseminate our project outcomes, and promote healthier and more resilient digital practices among young people. This event not only enhanced the international visibility of our project but also made a significant contribution to the sharing of good practices.



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# ERASMEDIAH: Turning Awareness into Engagement

Our participation in an international education conference that brings together thousands of teachers, academics, researchers, and experts from national and international contexts each year provided an ideal platform for the dissemination of the ERASMEDIAH project. Owing to this broad and dynamic setting, the Multiplier Event significantly enhanced the project's visibility and awareness, enabling meaningful engagement between the educational community and the project outcomes. During the session, the developed materials, implemented activities, feedback collected from target groups, and the project's emerging impact at the national level were presented through a holistic approach.

In addition, an interactive workshop was organized to actively involve participants, strengthen dialogue, and ensure a deeper understanding of the project outputs. Throughout the session, participants worked on the project materials and discussed how ERASMEDIAH can support young people, educators, and community stakeholders in promoting media awareness and digital resilience.

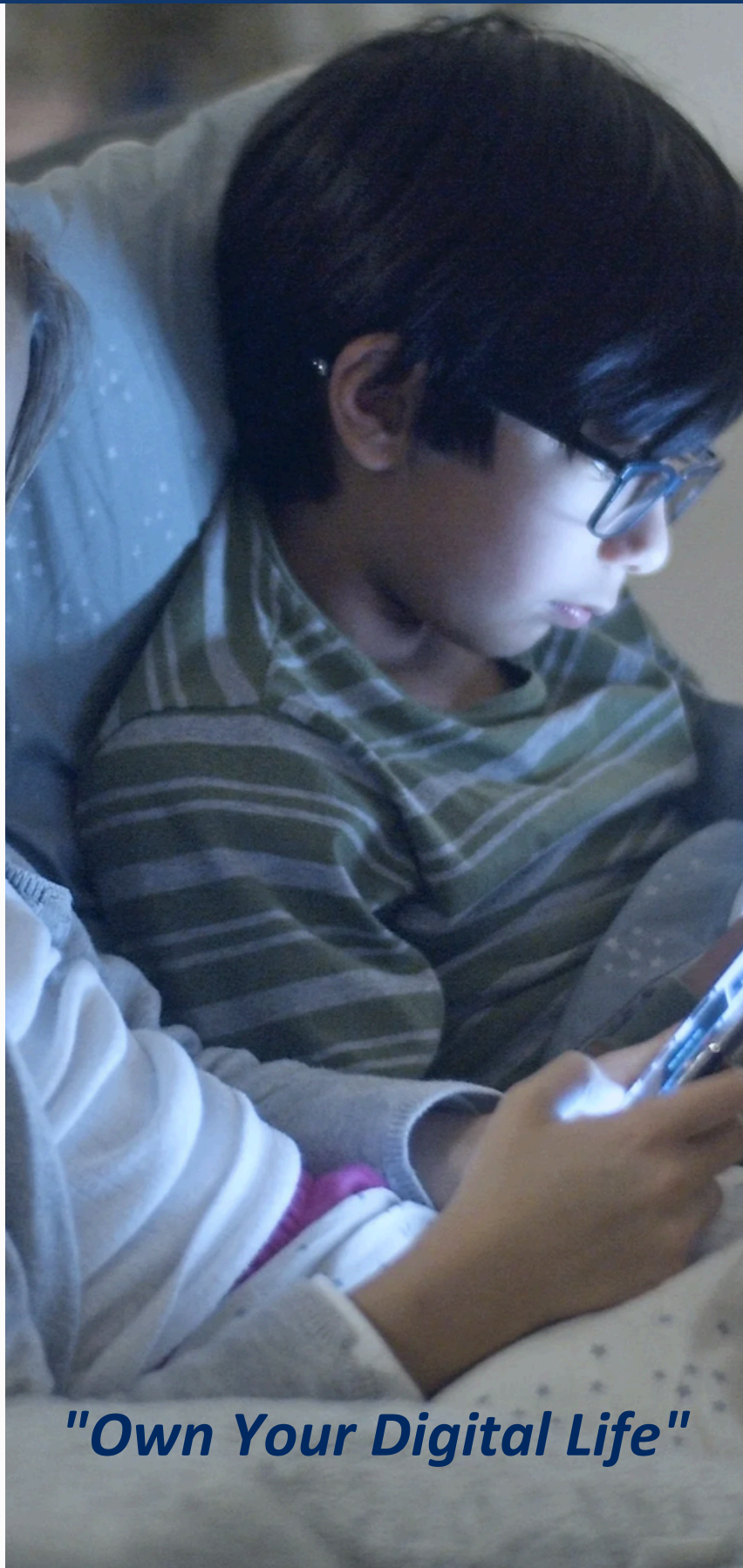


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